

ZENZONE SPA GRAN HOTEL LA FLORIDA BARCELONA

FACIALS

The **Rituals of Excellence** are a genuine beauty sensation, combining the efficiency of the finest cosmetics with the relaxing effects of the Payot massage, featuring 42 different movements, for treating any kind of skin condition.

Intensive Hydration – 90 min – 150€- *An intensive moisture immersion with collagen.*

Absolute Purity – 90 min – 150€- *For curing and eliminating the imperfections of oily skin.*

Extreme Mattifier – 90 min – 150€- *For curing and controlling shiny skin problems.*

SOS Reconciliant – 90 min – 160€- *For treating and alleviating sensitive, reactive skins.*

Shock Energizer – 90 min – 160€- *For enhancing the skin's vitality, energy and radiance.*

Wrinkle Corrector – 90 min – 180€ - *For correcting and filling lines and wrinkles.*

Absolute Lift – 90 min – 180€ - *For remodelling the facial contours and smoothing wrinkles.*

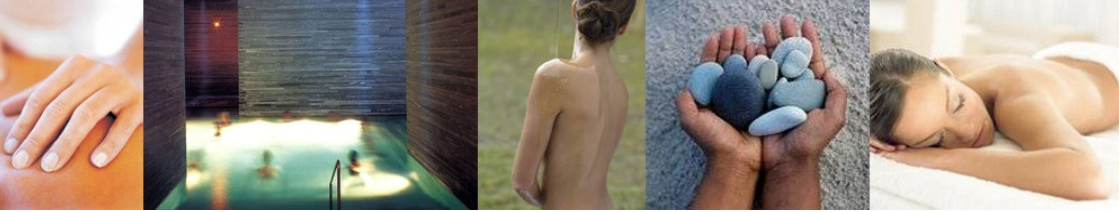
Opti-Male – 90 min – 150€ - *For purifying, soothing, revitalizing and energizing men's skin.*

Our **Essential Treatments** offer the best introduction to top-level cosmetic facial treatments in an express format.

Relaxation Bubble – 45 min – 70€ - *Relaxes facial features. A massage featuring 42 different movements*

Radiance Enhancer – 45 min – 70€ - *For a radiant glow which also extends the duration of make-up.*

Dermo-Soothe – 45 min – 70€ - *A special treatment for intolerant and/or damaged skins.*

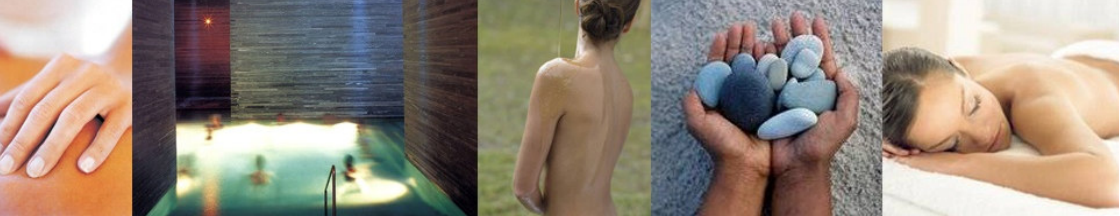


With our **Premium Treatments** you can benefit from all the experience of Payot since 1927 and discover the finest beauty results in just an hour of treatment.

Clean Skin – 60 min – 110€ - *For recovering the skin's radiance.*

Hydration Mist – 60 min – 100€ - *For treating the symptoms of dehydration and recovering your smoothest skin.*

Resplendent Vitality – 60 min – 110€ - *Brings radiance back to tired, stressed skins with a massage featuring 42 different movements.*



BODY TREATMENTS

The Payot body treatments are designed to offer the most effective results along with the luxurious pampering of the finest Spa. The inclusion of precious minerals allows us to offer treatments tailored to each individual need. We offer Harmonizing, Corrective, and Revitalizing treatments as well as Energizing Treatments adapted to the specific needs of male skin.

The Harmonizing Treatments induce a profound and total relaxation of mind and body; the special massage acts on the nerve ends to soothe tension and relax the muscles. Associated with the senses of sight, hearing and smell, it encourages the mind to switch off and relax.

Harmonizing Body Exfoliation. 30 min – 50 €

Harmonizing Body Wrap. 30 min – 50 €

Harmonizing Body Massage. 60 min – 100€

The Corrective Treatments are designed to produce healthy skin by eliminating toxins. This enables us to work effectively on the skin's appearance, cellulite, fats and liquid retention. A range of treatments that soothe the mind and give you back healthy, balanced skin.

Corrective Body Exfoliation . 30 min – 50€

Corrective Body Wrap . 30 min – 50 €

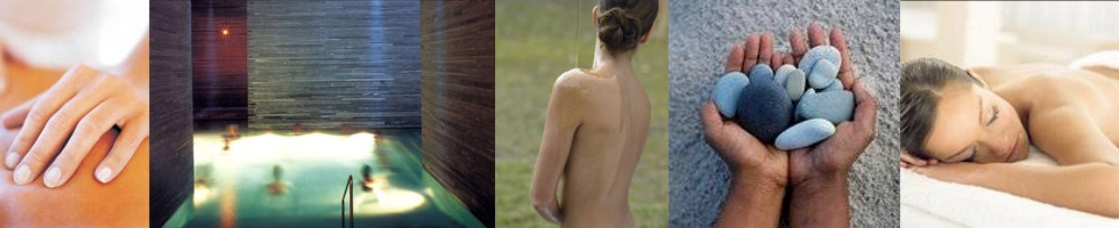
Corrective Body Massage . 60 min – 100€

Our **Revitalizing Treatments** regenerate body and mind to ensure your beauty remains timeless. These treatments firm the skin tissues, stimulate circulation and tone up the muscles. The mind is stimulated by techniques that influence the brain through reflexology. Dynamism is life!

Revitalizing Body Exfoliation. 30 min – 50 €

Revitalizing Body Wrap. 30 min – 50 €

Revitalizing Body Massage. 60 min – 100 €

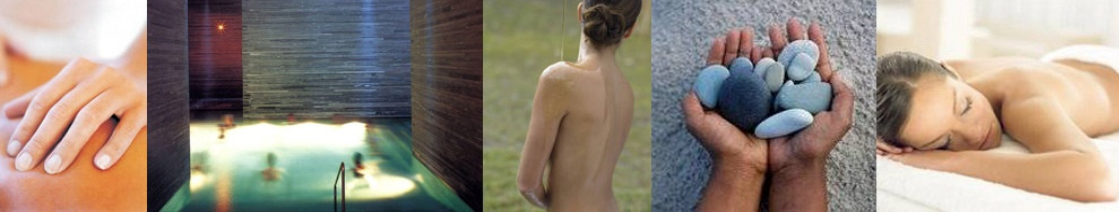


Our **Energizing Treatments** have been specially adapted for men's skin and provide the oligoelements and minerals necessary to recover its vitality and energy. This optimizes the enzyme action of the skin. Using manual techniques, the underlying musculature is revitalized to recover its strength.

Energizing Body Exfoliation. 30 min – 50 €

Energizing Body Wrap. 30 min – 50 €

Energizing Body Massage. 60 min – 100 €



MASSAGES

Zen Zone massage - 90 minutes – 130 €

Our 5 luxury massage treatment includes oriental Shiatsu head and face massage, a hot stone massage of the back, a relaxing arm massage, a special massage for tired legs, and a foot massage.*

Hot stone Therapy 90 minutes – 150 €

A millenary therapy that consists of applying volcanic stones at different temperatures to strategic points of the body to stimulate the flow of energy while at the same time relaxing the body and eliminating stress.

Lomi-juma 60 minutes – 100 €

A revitalizing ritual based on an exotic Pacific-Mediterranean massage involving essential oils with neuropeptides to alleviate tensions and improve circulation.

Relaxing 50 and 80 minutes – 80 €/120 €

A real antidote to stress, which rebalances the body's energy and alleviates any built-up tension.

Sports 50 and 80 minutes – 80 €/120 €

A deep, stimulating, energetic massage specifically designed for sportspeople or people who need to tone up their muscles

Therapeutic 50 y 80 minutes – 80 €/120 €

A de-contracting massage to relieve muscular tension, guaranteeing deep-felt improvements with rigorous treatment

Lymphatic drainage 50 and 80 minutes – 80 €/120

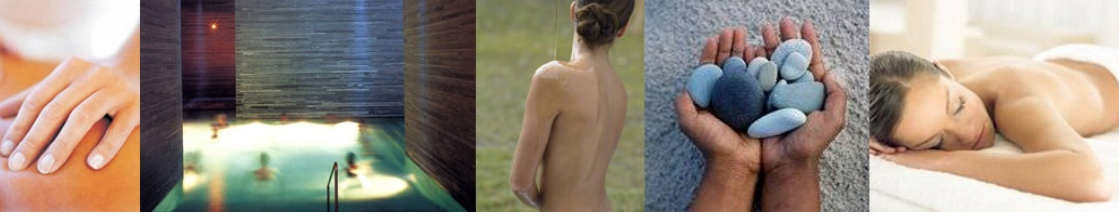
Gentle hand movements help to eliminate toxins and prevent liquid retention

Reflexology 45 minutos – 70 €

A massage applied to strategic points of the feet to balance the body's energy and combat aches and pains

Face and neck 45 minutes – 70 €

Perfect for soothing stress... relaxes expression lines, clears the mind and smoothes out any knots in the upper back



OTHER SERVICES

Manicure - 75 €

Pedicure – 75 €

Deluxe Pedicure – 100 €

Ritual hair removal – Please enquire for prices

Make-up and Hairdressing – Please enquire for prices, services and bookings.

All the prices detailed in the Zen Zone Spa menu are excluded of 16% tax.

Timing

Monday to Sunday from 09:00-21:00h.

Bookings

Please contact the Spa (# 4700). We recommend making the bookings at least 2h in advance in order to guarantee availability.

Cancellations

If the service is cancelled 2h before the booking time, there will be a charge of 60€. In case of no show, the 100% of the service price will be charged.

Rules

We kindly ask you to be some minutes before to the Spa Zen Zone area, in order to respect the timings for all guests.

Supplements

In-room treatments will have a supplement of 20€.